WHY CHOOSE
VARILUX

The first and the best:
Invented in 1959, was the first progressive lens in the world. The brand benefits now from more than 50 years of expertise.

The Live Optics: Varilux lenses are the result of a continuous back and forth research between 2 disciplines: knowledge of human behavior in real life conditions, and the knowledge of Optics and Materials Sciences.

Varilux is the only brand to systematically test all designs with real wearers before arrival on the market.

A new wearer every 4 seconds

Reference to Varilux Range on page 11-14

ACKNOWLEDGEMENT

Congratulations on getting your new pair of Varilux Lenses. This advance lens is specially designed to provide you with the most natural vision at all distances.

To ensure that you are enjoying the best wearing experience out of this lens, we are pleased to dedicate the below short familiarization guide for you. It is important to understand the correct way of using your progressive lenses.
VISUAL ZONE OF PROGRESSIVE LENS

LOOKING AT FAR DISTANCE
Use the Far Vision Area which is located at the top part of the lens.

LOOKING AT COMPUTER/INTERMEDIATE DISTANCE
Use the Intermediate Area at the centre of the lens, when talking to people, doing shopping or doing computer work.

LOOKING AT NEAR DISTANCE
Use the near bottom area of the lens.

EXPERIENCE DISTANCE & NEAR

Let’s start with distance and near vision:

- Please stand up and look at an object at distance by looking straight without tilting your chin or head and ask yourself: “How does it look and how does it feel?”

If it is clear and comfortable, you are looking through the correct area:

“That is your distance vision zone – you will use that part of the lens for driving, TV etc.”

Distance Viewing will effectively refers to any distance outside our extended arm length (> ~ 67 cm).
Now continue to watch the object while slowly raising your chin. Again, “How does it look and how does it feel?” the same object should become blurry or unclear:

“That is because you are now looking through the bottom part of the lens which is a near vision zone. You will use the near bottom area of the lens for reading or doing precision work.”

Near Viewing will effectively refer to any distance within an arm length (< 50cm)

Now without tilting your chin down, hold a reading card or book and gaze downwards. Again ask yourself: “How does it look and how does it feel?”

If it is clear and comfortable, you are looking through the correct area:

“That is how you use the near vision. As you just experienced, it is the part of the lens for reading, writing and other near tasks.”

EXPERIENCE
CHANGE OF FOCUS AT NEAR

While still standing, do the following:

- “Without moving your head, look down to the floor”. Again, ask yourself: “How does it look? How does it feel?”

- It should be blurry or unclear:

- “That is because you are now looking through the near vision zone. You will use that part of the lens only for reading, writing, etc, while the floor is considered at distance.”

- Now try this: “Lower your chin until you can see the floor clearly”.

Now you should remember this for walking, going up and down the stairs and when using escalators, for example.
EXPERIENCE
FAR – NEAR

At this point you can also experience the change of focus from distance to near and back again, by performing alternating tasks such as looking at a signboard in the distance, followed by texting on your mobile phone.

Observe and remember the difference in clarity with varying postures and areas adopted for the various tasks. This serves as feedback to help ensure the lenses are working at their best for you.

EXPERIENCE
PERIPHERAL VISION

Now do the following:

- Look straight ahead.
- Turn your eyes only, until you are looking through the lens edge.
- Ask yourself again: “How does it look? How does it feel?”
- At some point, it should be slightly blurry and distorted: “What can you do to see well?” You can relieve this by turning your head to look directly at the object.

Please be assured that you will seldom be looking through the edges of your lenses and the lens is designed in a way to match human natural viewing behaviours for maximum clarity. “We usually tend to turn our heads instead of our eyes to look at things on the side”.

A Quick Familiarization Guide
A Quick Familiarization Guide

**DEMONSTRATION FOR COMPUTER USERS**

It is important to note the recommended position for a computer screen for a person wearing progressive lenses, to effectively utilize the intermediate zone.

Because we most often look down for intermediate and near vision, and need to have a comfortable neck posture while doing so, a computer screen needs to be slightly below eye level; that is:

- the tool bar at the top of the screen should sit at or below eye level.
- you can either adjust screen height or chair for the clearest, most comfortable position.

(These are Occupational Health and Safety recommendations).

By ensuring that your computer screen is slightly lower than your eye level, this ensures a comfortable gaze, without straining your neck for an extended period of time.

If you spend a lot of time performing a specific activity (computer, sports, driving, precision work), you might wish to have a second dedicated pair for enhanced visual comfort. Consult your eye care professional about it; there is always a solution in Varilux range.

For the first time progressives wearer, you may like to learn at your own pace for an easier adaptation.

You can start by wearing your glasses at home, sitting down, reading, watching TV. As you become more confident you can start to walk around inside the house (familiar territory) and finally wear them for driving and all your day-to-day tasks.

**WEARING SCHEDULE**

For the first time Progressives wearer, you may like to learn at your own pace for an easier adaptation.

You can start by wearing your glasses at home, sitting down, reading, watching TV. As you become more confident you can start to walk around inside the house (familiar territory) and finally wear them for driving and all your day-to-day tasks.
Varilux is a premium brand of progressive lens from Essilor. The brand benefits now from more than 50 years of expertise. Varilux lenses offer perfect vision, whatever the distance. The wide range from advanced technology lenses to natural vision range offers quality solutions for every prescription lens requirement. A specific range is available for your 2nd to 3rd pair for dedicated activity like sports and computer.

Varilux S Series: Unlimited and reflex vision
Ultimate vision from revolutionary advances in optics.
- Varilux S 4D
- Varilux S 3D
- Varilux S Fit
- Varilux S Design

Varilux New Edition: Natural vision
Natural vision whatever the distance.
- Varilux Ipseo
- Varilux Physio
- Varilux Comfort
- Varilux Liberty

Varilux Activity Lenses: Comfort, clarity, in specific activity
A second pair of specific lenses for a stress-free vision at work or play.
- Varilux Computer
- Varilux Sport

Complete Varilux Progressive Lens Portfolio
Varilux S Series: Unlimited and reflex vision

A Quick Familiarization Guide
VARILUX NEW EDITION
NATURAL VISION

Natural vision whatever the distance - Benefits at a glance

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VARILUX ACTIVITY LENSES
COMPUTER AND SPORT

A second pair of specific lenses for a stress-free vision at work or play - Benefits at a glance

Varilux Computer
On screen visual comfort and precision

- Full Screen Vision: provides full coverage of keyboard and screen allowing natural.
- Fatigue: larger intermediate area creates a more relaxed visual experience.

Varilux Sport
Make your sport easier

- Open field of View: to see all obstacles on a path.
- Good Dynamic Vision: with no swimming effect.

VARILUX PROGRESSIVE LENS WEARING GUIDE
A Quick Familiarization Guide
Essilor International is the world leader in the design, manufacture and customization of ophthalmic lenses. Active on five continents, Essilor offers a wide range of lenses under the flagship Varilux®, Crizal®, and Essilor® brands to correct myopia, hyperopia, presbyopia and astigmatism.